

Pocket Flip Book

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Originally adapted from a project by Cindy Rymer.

DESCRIPTION: A fun pocket flip book with **six** pockets for photos, memorabilia and journaling.

SUPPLIES:

- 4 sheets of 12 x 12" solid-color cardstock (4 colors, 1 of each)
 - 2 ½ sheets of 12 x 12" patterned cardstock (2 patterns, 1 of each)
 - 3 sheets of self-adhesive die-cuts and Quick Strips
- 12 x 12" personal trimmer with scoring blade
Sticky Strip
2 - 4½ x 11" pieces of cardboard or chipboard
2 - 9" pieces of grosgrain ribbon of your choice
Scissors

PREPARE THE CARDSTOCK:

1. Cut 2 – 5½ x 12" pieces of the patterned cardstock of your choice, for the front and back covers of the book.
2. Cut a 6 x 11" piece of the solid cardstock of your choice, for the book's spine.
3. Cut 2 – 4¼ x 10¾" pieces of the solid cardstock of your choice, for the inside front and back covers of the book.
4. Cut 2 – 5 x 7¾" pieces of the patterned cardstock of your choice, for two of the pockets.
5. Cut 4 – 5 x 7¾" pieces of the solid cardstock of your choice, for four of the pockets.
6. Cut 7 – 3¼ x 3¾" pieces of the solid cardstock of your choice.
7. Cut 5 – 3¼ x 3¾" pieces of the patterned cardstock of your choice.
8. Cut 2 - 3¼ x 3¾" pieces of cardstock (one solid, one patterned), for the front and backsides of one pocket insert.

NOTE: The 3 ¼ x 3 ¾" pieces – take 2 and tape them together with Snail for the inserts.

CREATE THE FRONT AND BACK COVERS:

1. Center a piece of 4½ x 11" cardboard/chipboard on a 5½ x 12" piece of patterned cardstock, with the patterned side down.
2. Attach Sticky Strip close to the edge along all four sides of the cardstock.
3. Remove the Sticky Strip 'covers'.
4. Fold and adhere the corners first (see photo below – make sure the corners are at the angle shown). Then, fold and adhere each side.
5. Repeat steps 1-4 to create the back cover.

NOTE: Be careful when folding the cardstock since it is rigid and might tear. If using a striped cardstock, be careful to lay out the cardstock with the stripes in the same direction.

ADD THE RIBBON CLOSURE:



1. Place the front and back covers side by side on the table, with the patterned side down.
2. Attach Sticky Strip widthwise in the center of each cover, as shown.
3. Remove the Sticky Strip 'covers'.
4. Attach a 9" piece of ribbon to the front cover, with the 'tail' to the left.
5. Attach a 9" piece of ribbon to the back cover, with the 'tail' to the right.

CREATE THE BOOK SPINE:



1. Score the 6 x 11" piece of solid cardstock lengthwise at 1", 2", 3", 4" and 5".
2. Fold on the score lines to create a fan fold, as shown.
3. On one side of the cardstock, number the folds 1-6.
4. On this same side, attach Sticky Strip to the left edge of folds 1, 2 and 4, as shown.
5. Attach Sticky Strip to the right edge of fold 6, as shown.

NOTE: Be careful when scoring to assure the folds are even.



The result is a 'peacock tail' book spine, as shown. The photo above shows the Sticky Strip on the inside edge of the spine – I recommend putting another strip of Sticky Strip on the outside edge also.

ATTACH THE BOOK SPINE:

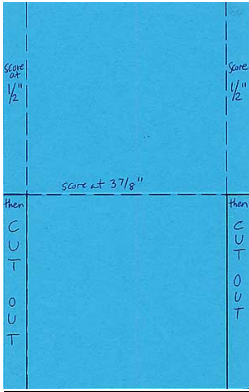


1. Remove the Sticky Strip 'cover' from fold 1.
2. Adhere to the front inside cover, as shown.
3. Remove the Sticky Strip 'cover' from fold 6.
4. Adhere to the back inside cover, as shown.

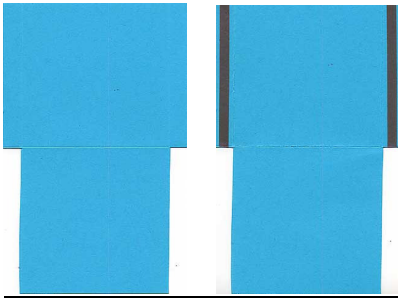
FINISH THE INSIDE COVERS:

1. Using Sticky Strip, attach the $4\frac{1}{4} \times 10\frac{3}{4}$ " piece of solid cardstock to the front inside cover, covering the book spine edges and adhered ribbon.
2. Repeat on the inside back cover.

3. CREATE THE POCKETS:

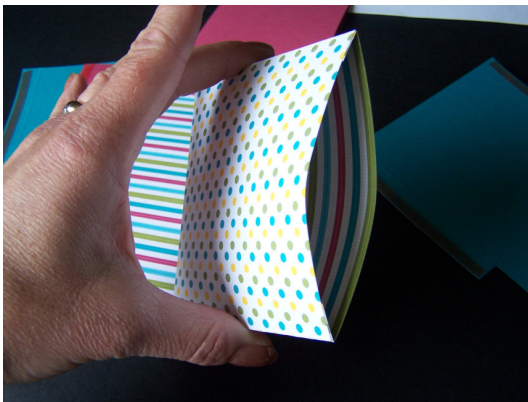


1. Each 5 x 7³/₄\" piece of solid and patterned cardstock will be scored as follows: Lengthwise 1/2\" in from each 7 3/4\" edge and widthwise at 3 7/8\", as shown.



2. Cut in 1/2\" along the middle score line and cut down along the 1/2\" score line, as shown.
3. Attach Sticky Strip to the **BACK** of the tabs, as shown.
4. Fold tabs inside of pockets.
5. Remove the Sticky Strip 'covers'.
6. Adhere front to back to form a pocket.

TIP: Put the sticky strip on so that the tabs will be on the inside of the pocket.



CREATE THE POCKET INSERTS:

Adhere 2 of the 3¼ x 3¾" pieces of solid and/or patterned cardstock with Snail to create the pocket inserts. You will need 6 of these.



EMBELLISH THE POCKETS, INSERTS AND INSIDE COVERS:

Using the three sheets of self-adhesive die-cuts and Quick Strips, embellish the pockets, inserts and front and back inside covers as you choose.



ATTACH POCKETS TO THE BOOK SPINE:

1. On the front of the first book spine, adhere pocket 1 at or near the top edge of the spine.
2. On the front of the first book spine, adhere pocket 3 at or near the bottom edge of the spine.
3. On the BACK of the first book spine, adhere pocket 2, between pockets 1 and 3.

4. On the front of the second book spine, adhere pocket 4 at or near the top edge of the spine.
5. On the front of the second book spine, adhere pocket 6 at or near the bottom edge of the spine.
6. On the BACK of the second book spine, adhere pocket 5, between pockets 4 and 6.

Front cover & inside:



Middle & back inside cover:

